



AJ INTER JOURNAL

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DISCOVER EU AND TRAVEL SUGGESTIONS

**KA3 PROJECT "POLITIC INTO EDUCATION"
VISIBILITY IN FRONTERA RADIO**

**YOUTH EXCHANGE
ZERO WASTE - CLOTHES REPLACED**



Erasmus+



**EUROPEAN
SOLIDARITY
CORPS**

KA3 POLITICS INTO ACTION VISIBILITY ACTIVITY-16APRIL

What if young people had a real say in how schools and politics work?

From the 19th to the 24th of April, AjiInter will host the KA3 project "Politics into Action", an international experience designed to give young people a voice and bring them closer to the world of politics. The main goal of this project is to let young people share their opinions about the school system: analyzing it, criticizing it, and thinking about how it could be improved. At the same time, the project aims to reduce the distance between young people and politicians.



It will also be a great opportunity to discover how schools work in different countries. Participants from Turkey, Ukraine, Estonia and Spain will take part in the project.



Spain



Ukraine



Türkiye



Estonia

On the first day, we will get to know each other and start sharing ideas about our different school systems and the main problems we see. During the week, we will also visit the school IES Andrés Benítez, where we will meet local students, compare our different school systems, and talk about youth participation in politics.

Another important moment will be the meeting with local politicians from Jerez, who will come to present their ideas and talk about their work.

The goal is to reduce the distance between young people and politics.

At the end of the project, we will reflect on what we have learned and discuss what young people can do to improve both the school system and their participation in political life.

I believe this project is very important because many young people today don't feel represented by politicians and see politics as something far away from them. At the same time, the school system is a central part of their lives, but students are often not involved in decisions about it.

As part of the visibility activities, on April 16th at 18:00 we went to **Frontera Radio (96.4)**, in the program "**Gente como Tú**". During the interview, we talked about the project: **Agata** shared her experience with the **Italian school system** and **gave her opinion** as a young person on the topics we discussed, while **José explained the goals and activities of AJ Inter**.



The interview was very dynamic, as we answered different questions about the **association**, such as how and when AJ Inter was created, its main objectives, and how young people can get involved. We also talked about how the organisation works, the projects it develops, and the **opportunities** it offers through **Erasmus+ and the European Solidarity Corps**.



Another part of the conversation focused on **young people**. We talked about what interests them the most today, their main concerns and how they relate to topics like **education and participation**. For example, we discussed whether young people feel represented, what they would like to change in the school system and what motivates them to take part in projects like these.

It was a great opportunity to **give visibility to this project** and, who knows, maybe encourage some young people to take part in ESC or Erasmus+ projects

Agata



KA3 PROJECT “POLITICS INTO EDUCATION”



19 - 24th April 2026,
Jerez de la Frontera

KA3 PROJECT “POLITICS INTO EDUCATION”

Hello, I'm Agata. I volunteered in AJ Inter during the **KA3 project “Politics into Education,”** which took place from the **19th to the 24th**. During this week, we hosted 15 young people from **Estonia, Ukraine, and Turkey**. I'd like to share what the project was like and my personal experience in the program.



The main goal of the project was to **give a voice to young people**, allowing them to share their experiences about their **school systems**, what works and what doesn't and to **bring politics and politicians closer** to them. The idea was also to help them become **active** and aware young citizens in society and in democracy.

Activities

First Day

The first day was dedicated to getting to know each other and preparing the activities for the school. We ended the day with the **Spanish national evening**, where participants could taste typical food and drinks from Spain, especially from Jerez.



Second Day

On the second day, we went to the school **IES Andrés Benítez**. There, each national group presented their **school system to the students**. We also discussed the Spanish school system, focusing on what works well and what students would like to change. In the afternoon, we **collected** and **reflected** on the results from the morning. We then had the **Estonia, Ukraine and Turkey national evening**, where we learned more about their cultures and traditional food.



Turkey



Estonia



Ukraine

Third Day

Also the third day started at the **school**, where we met representatives from different **political parties in Jerez: Partido Popular, Ganemos, Izquierda Unida and PSOE**. They presented their ideas and explained what their parties are doing for **education**, discussing topics like public and private schools. After that, we organised some **interactive activities** about **AI**, presented **opportunities** such as the European Solidarity Corps (ESC) and Erasmus+, and did a creative **painting** activity. We finished the day with a group **reflection** about the meeting with the politicians and also hosted an **Instagram live**, where we talked with participants about their school systems and the differences with the Spanish one.



Fourth Day

On the last day, we worked together on writing a **proposal letter addressed to politicians**. In it, we explained what we believe **should be improved in the school system and how** these changes could be made. For example, we suggested more **practical lessons** and **interactive activities** to develop students' critical thinking, reducing school hours or adding more breaks, since it is difficult for students to stay seated for long periods, and **involving students** more in politics by asking for their opinions and allowing them to participate in decisions that affect them.

We then closed the project with **final reflections** and the **Youthpass ceremony**.



Conclusion



The meeting with the politicians was the most interesting part for me. It was very interesting to hear directly what **local politicians think**, how they deal with the challenges in the school system, and to get an insight into their way of thinking in general.

Overall, I think that this project was a really good experience for the participants. It helped them understand the **importance of being active in democracy** and sharing their ideas about school. Even if there were some challenges, such as the **language barrier** during the meeting with politicians or some students not fully understanding everything, it was still a very valuable experience. In the end, it was not just an opportunity to learn and share, but also a **chance for young people to feel heard** and to take their **first real step into active participation in society**.



DISCOVEREU: WHAT TO DO AFTER DISCOVER EU SELECTION?

You've been selected for the DiscoverEU and don't know what to do next? In this article, we'll explain **what to do now** and also give you **some travel tips!**



First of all, you need to **accept your DiscoverEU pass** within the deadline indicated in your email. If you don't confirm it in time, you might lose your spot.

Once you accept, **you'll receive access to the booking platform**. Here you can: choose your travel dates, plan your route, check the conditions of your pass. Usually, you'll travel mainly by **train**, but in some cases (like islands or remote areas) other transport options are included.

Now comes the best part: **planning your trip!** If you don't know where to start, here are some useful **tips** to make your DiscoverEU experience even better.



1

Plan your trip



Start by **choosing the countries and cities** you want to visit and create an itinerary that works for you. Before leaving, make sure to book your **accommodation in advance**, especially if you're travelling during summer, and check if some trains require seat reservations. **Don't forget** to bring your **ID card or passport** and keep all your travel information saved on your phone.

2

Don't overplan your trip



It's great to have an itinerary, but **leave some free time for unexpected experiences** and spontaneous adventures. Sometimes the best memories come from unplanned moments.

3

Travel light



You'll probably **move around a lot** between stations, trains and different cities, so carrying heavy luggage can quickly become stressful. **Travelling with a backpack** is usually the **easiest and most comfortable option**.

4

Be prepared



Download offline **maps, translation apps and train apps** before your trip. A **portable charger** can also be very useful because you'll use your phone a lot during the journey.

5

Learn about the countries you visit



Before arriving in a new country, try to learn something about its **culture, traditions and language**. Even knowing a few simple words can make a big difference.

6

Meet new people



DiscoverEU is a great chance to **make friends from all over Europe**. **Don't be afraid to talk** to other travellers in hostels, trains or events.

7

Travel sustainably



Try to **respect the environment** while travelling. Bring a reusable water bottle, avoid wasting food and help keep the places you visit clean.

8

Enjoy every moment



Take photos, try local food, explore new places and enjoy the experience. DiscoverEU **is not only about travelling**, but also about becoming **more independent** and creating **unforgettable memories**.

A big **thank you to the European Union** for funding experiences like this.

Enjoy your DiscoverEU journey and make the most of every moment of this unique experience across Europe! ✨





Youth Exchange Zero Waste - Clothes Replaced



From April 22 to 30, 6 participants from AJ Inter took part in the Erasmus+ Youth Exchange “Zero Waste - cCothes Replaced” in Šibenik, Croatia

A fast fashion focused project on the coastline of Croatia, that brought together 30 participants and 6 group leaders from 6 different countries, such as Latvia, Croatia, Turkey, Poland, Macedonia and Spain.

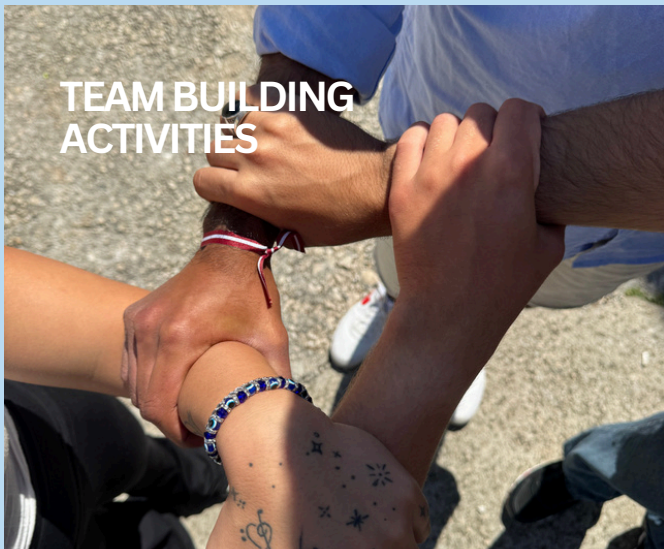
During these eight days we did researches about shopping habits, analyzed results, trends and peer pressure influence the way people buy clothes.

There was also a big focus on the environmental and social problems caused by the fashion industry such as pollution, waste and working conditions.

Those topics got explored and discussed trough different activities like interactive workshops, teamwork activities and discussions to learn about the “true cost” of fast fashion



This project was co-funded by the Erasmus+ Programme of the European Union and coordinated by Udruga Kamerlengo.



TEAM BUILDING ACTIVITIES

The youth exchange started off with a lot of team building activities to break the barriers and make connections faster with people from different countries and cultures. We discovered a lot of new activities such as imposter games, ballon games or designing outfits for other people. Also simulations and games that involved fast fashion and sustainability aspects were part of those games to not only grow as a group but also have some learning aspects at the same time



FASHION SHOW AND FLASHMOB

A very unique workshop that most of the participants have never done before, was a fashion show in the city center of Šibenik. Engaging the local community by creating posters and showing those as a “statue” to raise awareness about and to promote the overconsumption of today. Doing a runway was something where a lot of participants needed to step out of their comfort zone, but all of us enjoyed it by celebrating together at the end



EXPLORING CROATIA

Exploring Šibenik during some activities, but also during our free time was one of most exciting parts of this project for many people. Doing a workshop by creating an insta reel about today's consumerism was a fun activity to show us the beautiful sights and hidden gems of the city.



Also a daytrip to Split was on the agenda. By firstly visiting a second-hand shop in the city, then getting a tour by a local guide and finishing it off by exploring one of the most beautiful cities in Croatia and going to its beach, where we spent time playing games and having fun together.



One of the workshops that showed us how easy it is to use your old clothes to make something new out of it. a tote bag out of an old dress, a key chain out of an old pair of jeans or simply drawing or stitching something into your old clothes. Those simple changes on your old clothes can make something special new out of it, that you can wear again or use as an accessory. With some simple changes can you give a new life to the clothes you were thinking about throwing away.



Intercultural nights were a big part of the evenings from the projects. Macedonia and Poland started with the national evenings, by showing us their cultures in creative presentations , giving us tutorials by how to do their dances , and by letting us taste their delicious foods. Next on the list were Latvia and the country where this project held place, Croatia. Surprising us by gifting us their traditional lavender fishes from Croatia and wristbands from Latvia showing their flag. Ending it of with the SPanish and turkish one by dancing Flamenco and turkish traditional dances.

This Erasmus+ Project showed us how small changes can make a big impact on the environment. A lot of small can be done to create a more sustainable future. Caring more about shopping choices and also upcycling and repairing old clothes can make a big impact on the society. Learning about which fashion brands are sustainable and which are not will help us a lot to change our shopping habits in the future. Rethinking wheter you really need the clothing item you want or if it would just continue the consumerism in todays world can make us help to make us have a more responsible mind.

Participants opinions



MIRO

It was my second Youth Exchange in Šibenik, and as much as I liked the first one, this one was also a super successful project. This project is the one where I learned the most about the impact of small changes in the world, the impact of fast fashion, and how to upcycle clothes. Also, the fashion show and flashmob were things I had never done before, but they were very interesting experiences. Meeting a lot of new people, as well as people I already knew from previous projects, was a very joyful experience.

To sum up, it was a very fun and educational Erasmus+ experience that I would do again anytime.



BARTOLO

I was really excited to participate in this Erasmus+ project because the topic seemed so interesting. We learned how to upcycle clothes and put on a fashion show to showcase our creations. Thanks to this experience, I also met other young people and learned new ways of working, activities, and methodologies.

Without a doubt, I recommend this experience to all young people who want to enjoy incredible experiences.



YAYI

Before leaving, I was very scared because it was my first Erasmus+, I didn't know English and it was hard for me to leave my comfort zone. But once I was there, little by little I became more confident with the language, learned a lot, met wonderful people and lived an incredible experience. I came back to Spain as a more confident version of myself, and I'm sure this won't be my last Erasmus+.

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Ask any questions!



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